



# Summary of Medications for Your Doctor

It's important for your doctor to know about all of the medicines and supplements you take. This information can help make sure that all your medications are appropriate to take together.

In the space below, write all the medications you are taking, along with information such as how much you take and which doctor prescribed it. You can bring this paper with you to share with your doctor at your next appointment.

Medicine or Product Name	How much do I take and when?	How many refills does it have?	Why do I take it?	Which hospital or doctor prescribed it?
<i>Example: Hydrochlorothiazide</i>	<i>1 tablet, 25 mg, once daily</i>	<i>1</i>	<i>Blood pressure</i>	<i>Dr. Jones</i>

## Do you have trouble remembering the medications you take?

If you take many medications, you might have difficulty remembering them all. Below is a list of common types of medications that may help jog your memory. Look over the list and see if you are taking any of these medications that you might have forgotten about.

Common Medication Types				
Allergy medications	Blood pressure/ heart medicine	Laxatives	Pain medicines	Vitamins
Antacids	Cold or cough medicines	Medicine patches	Sleeping pills	Herbal supplements
Antibiotics	Hormones or contraceptives	Medications for chronic conditions	Weight loss pills	New medications after your hospital stay

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